

Envi campground

s'mores & shores

Have a truly natural vacation with these camping and boating tips.

by Stephen Shoemaker

1

Use biodegradable soap like Sierra Dawn's Campsuds (\$3 for 4 fluid ounces). If soap seems too luxurious, sand and gravel give that right-from-the-spa, exfoliated glow. Regardless of what you use, make sure you're 150 to 200 feet away from water.



10

If pooping in holes is too much adventure, try something closer to home: camping in your backyard. For entertainment, check out Full Cast Audio. Visit www.fullcaststudio.com for more details about their cassette blowout sale.



9

Conduct your business with biodegradable toilet paper, but consider bringing the used stuff out of the woods instead of leaving it in your hole. (Make sure you dig a hole 6 to 8 inches deep, away from water sources, and cover with leaves.) Double up two resealable plastic bags for storage.



8

Sure, you could sell those old sails and make a few bucks, but Sea Bags can create something new out of them. The Maine-based company will buy or barter with those who are interested. It will also donate to your local sailing school in exchange for your old sails, and they'll find a use for even the dingiest material. Visit www.seabags.com or call 1-888-210-4244.

7

If you want to spend a tranquil day on the water, consider renting a sailboat. You'll pick it up easily enough, but if you're looking to pilot something bigger, opt for sailing lessons. The Rochester Yacht Club offers two 12-hour sessions for \$195 each (www.rochesteryc.com or 585-342-5511).

6

No need to go far for nautical adventure. Travel on the 524-mile New York State Canal System that stretches from Buffalo to Lake Champlain. This season, all recreational fees have been waived. Visit www.nyscanals.gov or call 1-800-4CANAL4.

2

Give s'mores a twist by using New Morning graham crackers and Newman's Own chocolate. The *coup de grâce*: marshmallow crème from Toonie Moonie Organics in Stamford, N.Y. Visit www.tooniemoonie.com.



3

Don't walk those hiking boots until they fall off your feet — and are only worthy of the dumpster. They can't be recycled like sneakers, according to Pat Collins from the Monroe County Department of Environmental Services, but you can always donate them to a local shelter or the Salvation Army.

4

Repellant with DEET effectively keeps off ticks and skeeters. If you refuse to use it, keep bugs at bay with mosquito netting, available at outdoors stores, and you won't be scratching at itchy bites.



5

Reusable bottles are a great idea no matter where you are. For those worried about polycarbonates leaching from their plastic water bottles, consider a stainless steel bottle from Klean Kanteen or an aluminum bottle from Swiss company Sigg (\$19.99 for a one-liter bottle), which has a water-based inner lining and is recyclable.



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